

COVID-19 Sample Collection Mid-Nasal Swab

Test Kit Contents







WARNING

• Do not spill the liquid in the sample tube. • Do not drink or breathe in the liquid in the sample tube. • Do not let the liquid in the sample tube touch your skin or eyes.

Viral Transport

Nasal Swab

Media Tube

Biohazard Bag



Sanitize your hands prior to beginning sample collection. With clean hands, unscrew the collection tube. Place the cap face up on a flat surface, making sure it does not get contaminated.



Open the nasal swab package by pulling apart the wrapping. Pull the swab out by its end, making sure not to contaminate the tip of the cotton swab.



Insert the nasal swab into your nostril, about one inch (~ 2 cm) until resistance is met. Gently rotate the swab several times, for ~10-15 seconds. Repeat in other nostril using the same swab.

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Insert nasal swab into the collection tube liquid with cotton tip facing down.



Screw the collection tube cap back on. Make sure to tightly screw the cap to prevent any leaks.





Place your sample tube into the biohazard bag provided. Place sample in the appropriate collection bin.

Questions about collecting your specimen? Please get in touch. covid19support@lynxdx.com

(734) 212-6561

333 Jackson Plaza Ste 600 Ann Arbor, MI 48103